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THE FEMINIST BOOK OF LIGHTS AND
SHADOWS by Z. Budapest and the FRIS

THE FEMINIST BOOK OF LIGHTS AND SHADOWS by Z. Budapest and the FBLS Collective, Venice, Calif., 1975, 123 pages, \$4.00 (paperback).

Over the centuries witches have lost their taste for mixing it up with the political establishment. Memories of the burnings and the Inquisition as well as a desire to practice their religion unmolested have helped to foster the notion they should be apolitical. To this day most witches shy away from allying their religion with any sort of political or social movement.

All that ended with this book's publication. While not a handbook of revolutionary tactics, this work/ strikes at the very heart of the maledominated political system and speaks to the woman's soul. It displays the spirit of sisterhood, the power of a parthenogenic Goddess and the essences of a vibrant and vital women's religion. In 123 pages it details rituals for all the sabbats esbats, describes numerous spells and curses, discusses political themes, tells women how to use natural forms of birth centrol, cathartics and cures outlines ways to form Dianic groves and covens, recommends meditational and consciousness-raising methods and provides some striking inspirational poetry.

An interesting feature of the book is its that uselessness to males. Even the most supportive and feminist-oriented man cannot penetrate to fig-woman's soul. As Zee says, the book has a spell upon it. Men may be attracted to the book but its true spirit, will forever escape them. That spirit is reserved for the Great God-

dess' daughters alone. (The book is available from the Feminist Wicca, 442 Lincoln Blvd., Venice, Calif. 90291, for \$4.00 plus 25 cents for mailing.) — Gwydion Pendderwen. Fate" 1976 July